# Registering for the Fall 2012 Semester at SFCC

Santa Fe Community College will continue to offer online nutrition courses this fall. These 12-week nutrition courses begin on September 17, 2012 and end on December 8, 2012. Although most of the nutrition courses may appear full a few seats have been set aside for WIC students. Please register as early as there is limited space.

Please see page 2 of this document for special and detailed instructions for WIC staff to enroll early.

#### Nutrition courses offered this fall are:

NUTR 200 Nutrition (2 sections-register for one only) CRN 20779 or 20780
 Basic principles of nutrition, including functions, interactions and human requirements of nutrients in maintaining optimum health.

Required Text: Nutrition & You, 2<sup>nd</sup> ed. ISBN 9780321814937

NOTE: this is a text change from previous semesters

## NUTR 205 Nutrition in the Life Cycle CRN 20781

Nutritional needs and recommendations for pregnancy, infancy, childhood, adolescence, adulthood and the elderly.

Required Text: Nutrition through the Life Cycle, 4th ed, ISBN 9780538733410

#### NUTR 209 Nutrition in Chronic Disease CRN 20782

Review of the relationship between nutrition and obesity, diabetes, hypertension, heart disease and cancer.

Required Text: none

#### NUTR 221 Diabetes Management CRN 20784

Prevention and management of diabetes including blood glucose control, insulin and medication, nutrition and exercise recommendations, and the prevention of complications.

Required Texts: Complete Guide to Diabetes 4th ed, ISBN 1580402372

Guide to Eating Right When You Have Diabetes ISBN 1580401619

The textbooks required above may be ordered and shipped through the SFCC bookstore (505.428.1218) using a credit card OR through most major online booksellers. Students should have their text available the first day of class.

### **Instructions for Registration:**

- 1. All *new* SFCC students must first complete an online application before registering for any courses.
- 2. Email Gretchen Scott at <a href="mailto:gretchen.scott@sfcc.edu">gretchen.scott@sfcc.edu</a> with the following information: Name and A #

  Nutrition course(s) you would like to register for (see course list above)
- 3. Make payment or payment arrangements immediately to avoid being disenrolled. (You will be notified if you have been registered for class(es).
  - Individual students enrolling and paying their own tuition may call the Cashier's Office at 505 428-1211 to make payment or make arrangements for payment. Payment can also be made online by credit card by following the link.
  - Third party payers must email the following information to Maria Eleas maria.eleas@sfcc.edu

Purchase order # or letter of intent to pay Student name(s) Student A# Student phone number Course(s) each student is enrolling in

Students can access their courses the first day of class by following the BLACKBOARD link on the SFCC homepage/public website.

Please go to the public site for Santa Fe Community College <u>www.sfcc.edu</u> for more detailed information about the college (enrollment of new students, college catalog, student handbook, phone numbers, online course access, etc.)

#### For specific information or questions contact the following individuals:

Technical problems with registration or online courses: Help Desk 505.428.1222 Tuition/registration payment 505.428.1211 Bookstore 505.428.1218

Nutrition course content information-Gretchen Scott gretchen.scott@sfcc.edu 505.428.1311